

# APEX SKATING ACADEMY

## STAR ACADEMY PROGRAM



APEX Skating Academy is excited to announce our **NEW STAR Academy Program!** STAR Academy sessions are an introduction to figure skating and are geared towards skaters working on STAR 1 Assessments. Skaters will learn the fundamentals in the 3 Areas of Skate Canada's STAR Program: FreeSkate (Jumps and Spins), Skating Skills (Stroking and Field Movements) and Ice Dance. The STAR Academy will be taught in a group format by trained Skate Canada Professional Coaches in a fun and enthusiastic atmosphere.

**Eligibility:** Skaters working on STAR 1 Assessments.

\*CanSkaters working on Stages 4, 5 and 6 are also encouraged to register for the **STAR Academy Program**.

	Day and Time	Cost
<b>Saturday and Wednesday (11 sessions)</b>	Saturday (2:50pm-3:50pm) – April 28, May 12, 19, 26, June 2, 9 & Wednesday (5:30pm-6:30pm) – May 2, 9, 16, 30, June 6	<b>\$180+HST</b>
<b>Saturdays (6 sessions)</b>	Saturday (2:50pm-3:50pm) – April 28, May 12, 19, 26, June 2, 9	<b>\$110+HST</b>
<b>Wednesdays (5 sessions)</b>	Wednesday (5:30pm-6:30pm) – May 2, 9, 16, 30, June 6	<b>\$90+HST</b>

\***Note: All coaching fees are included in the cost of the STAR Academy Program.**

**How to Register:** Registration will be completed online at <https://apex.uplifterinc.com> and accepted on a first come first served basis.

Registration Opens - **Monday, March 19, 2018 at 9:00AM**

Registration Closes - **Sunday, April 22, 2018**

### Program Dates and Locations:

SATURDAY		WEDNESDAY	
28-Apr	Robert French Memorial Stadium	02-May	Robert French Memorial Stadium
12-May	Robert French Memorial Stadium	09-May	Robert French Memorial Stadium
19-May	CBS Arena	16-May	CBS Arena
26-May	CBS Arena	30-May	CBS Arena
02-June	CBS Arena	06-June	CBS Arena
09-June	CBS Arena		

If you have any questions please inquire at [apexskatingacademy@gmail.com](mailto:apexskatingacademy@gmail.com)

